

[GLUTEN FREE]

MANY OF OUR DISHES
HAVE A GLUTEN FREE
OPTION, JUST ASK.



LITTLE
CHANNELS
Bistro

* DAILY SPECIALS *

LOOK UP TO THE
BLACK BOARDS FOR
TODAY'S SPECIALS

9am-3pm

BREAKFAST & BRUNCH

Full English 2 bacon, sausage, fried egg, hash brown, beans, grilled tomato, mushrooms and toast.	£7.50
Veggie English 2 fried eggs, hash brown, beans, grilled tomato, mushrooms and toast.	£6.50
Little English Bacon, sausage, fried egg, beans and toast.	£6.00
Breakfast Bap Bacon, sausage and egg in a flour bap.	£5.00
Smoked Salmon & Scrambled Eggs On either 2 slices of toast or gluten free bagel.	£6.25
Eggs Benedict On a toasted white muffin or gluten free bagel.	£5.95
Eggs Fried, Scrambled or Poached On a slice of wholemeal or white toast.	£2.25
Baked Beans on a slice of Toast Add cheese	£2.25 £2.40
Mature Cheddar Cheese on Toast Extra toppings: mushrooms, tomatoes, onions or smoked bacon. Add 1 Topping Add 2 Toppings	£2.00 £2.60 £2.90
Slice of Toast With Tiptree Jam and Butter	£0.85

SANDWICHES

Prepared fresh on either a baguette, white or granary bread or a gluten free bagel.
Served with coleslaw and crisps

A Hot One. Bacon, sausage, fried egg, mushrooms, hash brown, fried onion 2 Hot Fillings 3 Hot Fillings	£4.95 £5.25
Mature Cheddar & Branston Pickle	£4.50
Honey Roasted Ham, with cheese, tomato or coleslaw	£4.75
Chicken, Mayo & Sweetcorn	£4.75
Coronation Chicken	£4.95
Tuna, Mayo & Sweetcorn	£4.75
Atlantic Prawns & Marie Rose Sauce	£4.95
Egg Mayonnaise & Cucumber	£4.50
Smoked Salmon & Cream Cheese	£4.95
Smoked Back Bacon	£4.85
Smoked Bacon, Brie & Cranberry	£4.95
Cumberland Sausage & Fried Onion	£4.85
Homemade Fish Fingers & a Pot of Tartar	£4.75

12-6pm Mon-Sat | 12-4pm Sun

LIGHT BITES

Soup of the Day Served with a warm crusty baguette.	£4.75
Goats Cheese & Parma Ham Parcel With red onion marmalade.	£5.25
Deep Fried Salt & Chilli Squid Oriental vegetables and crusty bread.	£5.75
Sara Salad Cajun chicken, smoked bacon, tossed cucumber, shredded lettuce, onions and tomatoes topped with croutons and a pot of French dressing. Small Large	£6.95 £9.95
Little Channels Salad Atlantic prawns, Stilton, cherry tomatoes, bacon lardon, pine nuts, mixed leaves and croutons with our house dressing. Small Large	£6.95 £9.95
Grilled Goats Cheese Salad With pomegranate, beetroot, cherry tomatoes, mixed leaves and walnuts. Small Large	£6.95 £9.95

BIG BITES

Beer Battered Plaice & Chips Garden peas and tartar sauce.	£10.95
3 Eggs & 3 Fillings Omelette Chips and tossed salad. Cheese, mushroom, ham, tomatoes, onions or peppers.	£8.95
Ploughman's Honey roasted ham, mature cheddar cheese, boiled egg, pickled onion, chutney and a warm baguette.	£7.25
Gammon Steak Double fried eggs, chips, bread and butter.	£8.95
8oz Sirloin Steak Spiced skinny fries, grilled mushrooms and tomatoes. <i>Add a sauce</i> Peppercorn / Garlic Butter / Blue Cheese	£14.95 £1.95
Bistro Big Burger 6oz Angus beef burger, melted Applewood cheese, smoked back bacon and dill pickles in a toasted brioche bun.	£7.25
LC Chicken Burger Breaded chicken breast, shredded iceberg lettuce and mayonnaise.	£7.50
BBQ Ribs With corn on the cob, coleslaw and chips. Half Rack Whole Rack	£8.25 £12.95

FOR 2 OR 4 TO SHARE

Family Platter

Homemade chicken goujons. BBQ spare ribs, onion rings, corn on the cob, sweet potato fries and coleslaw

for 2 £12.95 | for 4 £19.95

RELAXED
1 COURSE
SUNDAY LUNCH
Every Sunday
12 - 4pm

WHAT'S ON AT LITTLE CHANNELS

SIDES

Garlic Bread	£2.95
Cheesy Garlic Bread	£3.25
Chips	£2.60
Sweet Potato fries	£2.70
Cheesy Chips	£3.00
Onion Rings	£2.95
Corn on the Cob	£2.75
Coleslaw	£2.50
Mixed Salad	£2.95
Seasonal Vegetables	£2.95

CHILDREN'S MENU

Please ask to see our menu for 10 years and under.

All of our food is prepared in a kitchen where nuts, glutes and other allergens may be present, our menu descriptions do not include all ingredients - If you have a known food allergy or intolerance please let us know before ordering. Full allergen information is available from Management if required. This menu is printed on FSC certified material.